



50 Years of Seeking, Sharing, Caring, and Serving

April 2009

Village Nights Begin April 22

Fun, food, fellowship and Bible study are just the beginning of Village Nights, which begin again April 22 at 5:45 pm. Meet new members, relax, share a meal, learn interesting facts, and leave inspired by the worship lead by the many talented youth. The Bible study will be facilitated by Rev. Beverly Aurand and will focus on the study of Psalms.

Small Groups

Small groups can be one or more gathered to explore the many wonderful aspects of our community. Want to go hiking or visit local museums, attend craft and art festivals or make quilts, discuss books, history the list is endless.... and you want to share this with others? If so let me know so the information and events can be posted for others to join. In wisdom gathered over time, I have found that every experience is a form of exploration. ~ Ansel Adams

Green News You Can Use

41pounds.org stops your junk mail and catalogs — protecting the environment. Junk mail wastes an incredible amount of natural resources and contributes to global warming. This nonprofit service covers your entire household for five years, saving...

Time — No credit card offers to shred or unwanted catalogs.

Trees — Keep 100+ million trees in forests, cooling the planet.

Water — Protect 28 billion gallons of clean water.

Climate — Junk mail produces more CO₂ than 9 million cars.

Planet — We donate to your favorite charity when you sign up.

So to increase your positive impact on the environment check out this web site 41pounds.org

Other ways that you can stop unwanted credit card mailings is to simply open the letter write in bold print remove this name from you mailing list, mail all enclosed materials in the prepaid envelope and your name will be removed. Reason, the company does not want to keep paying for mail where they receive no return. Share your green ideas with others, information can be submitted for the newsletter and/or posted on the Green Board in the fellowship hallway. Let the arrival of Spring generate new ways to reuse items and/or recycle so that we can all be better stewards of our environment.

April 2009

Dear People of Christ,

We are in the midst of a defining moment as Christ Lutheran Church. It is something we have not seen in our history as a congregation. And we have been planning for it for a long time. We have now called an Associate Pastor; Kristin Hunsinger has accepted that call.

Deuteronomy 26 tells what God says to the people who are about to enter the Promised Land:

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, ² you shall take some of the first of all the fruit of the ground...(and) you shall go to the priest who is in office at that time, and...you shall make this response before the LORD your God: "A wandering Aramean was my ancestor...."

Our "defining moment" is not like the children of Israel going into the land promised. That won't happen for us until Christ comes again. But this passage has meaning for us regardless.

We need to remember the people of our past: those who came and served over these 50 years. I want to assure you that these members did not wander aimlessly any more than the ancestors of Israel did. They were led by God so that God could do a marvelous thing. They heard God's purpose for them in their time just as we have heard God's purpose, God's word for us in our time. God will continue to lead us.

And in all things, let us give thanks to God. That was the reason God asked the people to take "some of the first fruit of all the fruit of the ground" and bring it to the priest. So, we give thanks to God by our offering to the church a portion of the bounty given to us by God.

We look forward to Kristin's entering into the middle of us. She will be here to walk Holy Week with us and then be a part of our Easter celebration. I trust that everyone will make her feel welcomed, just as we welcome those who come to our church "to see Jesus."

One thing that might be helpful to know now about Kristin is that she is not yet ordained. That will take place at the Synod Assembly on June 6 in Roanoke, Virginia. After that she will be install as our Associate Pastor. But until that time, she will do all the things she has been called to do. There will be no "interim waiting." She will jump into her responsibilities with ability, enthusiasm, and joy...because that is why she was called here. We saw in Kristin alone the very marks of pastoral leadership that fit yet challenge us.

Blessed be the God of our mothers and fathers who brought us to this time of ministry as a transformed and transforming congregation. Blessed be the God who will sustain us and bring us into ever new times to live and use the gifts of the Spirit for ministry.

In Nomine Jesu,

REMINDER: UNITED LUTHERAN APPEAL
*If each active Christ Church member gave \$1 per ministry,
that would mean a gift to ULA of over \$3,000.*

We continue to collect contributions for the United Lutheran Appeal. This appeal supports the following institutions of the Virginia Synod:

Caroline Furnace Lutheran Camp	National Lutheran Home
Chaplain Service of the Churches of VA	Roanoke College Lutheran
Hungry Mother Retreat Center	Lutheran Theological Southern Seminary
Lutheran Council of Tidewater Lutheran	Virginia Lutheran Homes
Lutheran Family Services of VA	

The difficult economic times we all face are even more difficult for those who are served by these nine ministries of the United Lutheran Appeal. Now, more than ever before, the ULA needs the support of every Lutheran in the Virginia Synod.

Your gifts to the ULA send a message of support and encouragement to those nine agencies and institutions affiliated with the Virginia Synod, as they continue to provide care for people in need, support for students and opportunities for growth and renewal to the people who receive their services.

Place your contribution to the Virginia Synod United Lutheran Appeal in the offering plate or send it to the church office *by April 19*. Envelopes are available at church on the ***Welcome Table***. If you use your own envelope, clearly mark on the envelope and the check memo line "*For United Lutheran Appeal.*" Checks are made out to "*Christ Lutheran Church.*"

I wish to thank everyone for their prayers, words, and cards during and following my surgery. Everything went so well that I had absolutely no reason to be grumpy. (Which of course was a cause for annoyance.) I probably have a month or two before the side effect resolves itself, but I figure I have milked this little adventure for all the pity and pampering I am going to get out of it. And a very special "thank you very much" to Cathy Lantz.

Paul Quel

APRIL BIRTHDAYS

1	Ernest Boldin Rachel Triplett Mary Tomillon	18	Tyler Moyer Luke Ramsey
2	Carolyn Morris Naomi Faust Jayme Bowling	19 20	Brooks Jung Adam Goodwin Karen Mahovtas Jessica Mahovtas
3	Megan Peterman	21	Lizzie Franz
4	Doc Ramsey		Clay Morris
6	Emma Howes Ralph Progner Martin Richard	22	Ryan Kelley Melony Bosdell Brandon Kuebler
7	Danielle Handshaw Hillary Hockman Charles Johnson Dewey Reynolds	23	Sheryl Barlow Adam Goodwin, Jr.
9	Corey Lawrence	24	Jim Turner Greg Faust
10	Liz Baisden Nathan Solada	25 26	Melissa Ramsey Mildred Orebaugh Christopher Eads Mark Callas
12	Tad Smith		
15	Jeff Flynn Eric Tomillon	27	Barry Kintzer John Tomillon
16	Erik Kellogg Sean Kellogg Diane Kaplan		Ashley Wilson
17	Mason Carbaugh Brooke Matson	28 30	C. J. Pegram Hannah Yucha Dink Smith Nicole Kemp

IF YOUR BIRTHDAY doesn't appear on the monthly list for the *Parish News*, it's because we don't have a record of it! If yours is missing, give us a call (266-5775) or email Katy at bearskaty@aol.com so we can include you in the newsletter.

TRINITY GATHERING

will have its monthly meeting on April 9 at 10:30 AM at **Christ Lutheran Church**. The menu will be baked potatoes with all the fixin's (free will offering). Call the church office (266-5775) to say if you can come. Following lunch, you may wish to attend the Noon Maundy Thursday worship service, also here at CLC.

We received the following new members:

ON MARCH 15, Dennis and Donna Burns Resurrection Lutheran Church in Lebanon, Ohio.

11467 Haltonshire Way,
Glen Allen, VA 23059
(804) 368-0439

ON MARCH 22, Frances Burford
7345 Dress Blue Circle,
Mechanicsville, VA 23116
(804) 723-5022

CONGRATULATIONS to Emma Lantz on receiving her Girl Scout Gold Award, the highest award a Senior Girl Scout can earn. Emma also earned her Junior Girl Scout Bronze award and her Cadette Silver award; although these are not actual requirements for earning the Gold Award. For her Gold Award project, Emma partnered with another member of her troop to collect eyeglasses for the local Lions Club. One of Emma's collection points was here at Christ Lutheran, where more than eighty pairs of glasses were given. Christ Lutheran was also involved with Emma's Silver Award project as Emma updated a brochure, built a display board, and headed a food drive for *LAMB'S Basket*. For her Bronze Award, Emma's project was collecting cat and dog food and other pet supplies for the Hanover Humane Society. Once again, Emma gave the congregation an opportunity to pitch in as she set up a display in the Commons for members to donate items. Emma, your church family is proud of you. Way to go!!

From the Parish Nurse....

Every 45 seconds, someone in the United States experiences a stroke. Yet, despite being the third leading cause of death and the leading cause of adult disability in this country, a recent National Stroke Association/Gallop poll revealed that 17 percent of the respondents over 50 couldn't name a single stroke symptom. In addition, some people still believe that this condition is simply a "stroke of fate," not realizing that *stroke is preventable and treatable*.

This spring, the National Stroke Association is urging people to take charge of their health by knowing the signs and symptoms of a stroke, asking their doctors about stroke prevention and adopting healthy lifestyle habits.

Stroke or "brain attack" is one of the most preventable of all life-threatening health problems, provided that you pay proper attention to lifestyle and medical risk factors, such as smoking, high blood pressure, cholesterol and diabetes. A stroke occurs when a blood vessel that carries oxygen and nutrients to the brain is either blocked by a clot or bursts. When that happens, part of the brain cannot get the blood (and oxygen) it needs, so it starts to die. Treatment exists to help minimize the effects of a stroke; however it must be given within 3 hours of the first symptom. So it is important to recognize the symptoms of stroke and seek emergency medical attention. ***Recognizing stroke symptoms can be easy if you learn to think F.A.S.T.***

F= Face Ask the person to *smile*. Does one side of the face droop?
A=Arms Ask the person to *raise both arms*. Does one arm drift downward?
S= Speech Ask the person to *repeat a simple phrase*. Does the speech sound slurred or strange?
T=Time If you observe any of these signs, then it's time to call 9-1-1. Studies show that *stroke patients who arrive at the hospital by ambulance receive quicker treatment than those that arrive by their own means*.

Visit www.stroke.org or call 1-800-STROKES for more information about how to prevent and recognize stroke and methods to treat stroke. Look for information about stroke prevention (pick up a "Stroke Risk Scorecard" to calculate your own risks) and treatment on the Welcome Table and in other places around the church this month.

Please see me for more information about stroke or if I can help you in any other way.

*"Long life to you! Good health to you and your household!
And good health to all that is yours!" (1 Samuel 25:6)*

-- Cathy

Source: National Stroke Association (www.stroke.org)

Music Notes for April Worship

- 5 10:30, Celestial Bells**, “Hosanna, Loud Hosanna” – Parrish, with percussion
Chancel Choir, “Ride On!” – Davis
3:00 LARCUM Concert, Fauré’s “Requiem” at Lakeside UMC, joint choirs & guest soloists, with Linda Keener conducting.
- 11** (Good Friday evening) **Early Ensemble**, “Green the Weeping Willow Tree” – Graham, with flute
- 12** (Both Easter services)
Brass Ensemble, Chancel Choir and Early Ensemble, “Resurrection Fanfare” – Carlson
And “O Risen Lord” – Scott, with oboe
- 19 TBA**
- 26 10:30, Chancel Choir**, “The Strife Is O’er” – Westendorf



To enhance your experience of Holy Week, please come to a LARCUM concert (that's the joint choirs of the Lakeside Lutheran/Anglican/Roman Catholic/United Methodist churches) on Palm Sunday afternoon at 3:00 p.m. (that's April 5) at Lakeside UMC on Hilliard Road. The featured work is "Requiem" by Gabriel Faure. It is filled with lush harmonies and haunting melodies.

The joint choir will be accompanied by organ and several members of the Richmond Symphony Orchestra; will feature two special soloists; and will be conducted by our Linda Keener. The performance lasts under one hour.

Fall Festival

ARTISTS AND CRAFTERS INVITED: We are already planning our 2009 Christ Lutheran Church Fall Festival which will be held October 24th and 25th! We will have two full weekend days of fun and will be adding a Donation Arts and Crafts table with a juried show. Ribbons will be awarded for 1st, 2nd, and 3rd place work. If you place, this can be considered a prize in a community art show for your future credentials. So, if you are working on bazaar items, or just working in your favorite medium, please consider donating 1 – 5 (or more) of these to our table. Let us know which one of the items you are donating should be entered in the judging. Judges will be VCUHS Arts in the Hospital staff. There will be 5 categories: Overall Show, Textiles, Woodcrafts, Painting and Printmaking, Youth entry, for a total of 15 ribbons and certificates. While your donated items will be sold with proceeds going to Christ Lutheran Church Youth charitable activities, you may leave a business card so that persons wishing to follow up with you about acquiring more of your work will have contact information. Call Jan Niemeier, 677 0046, or Janet McAvoy, 798 7568, for questions or to donate items. Our Fall Festival Celebration will extend over 2 days this year, with fun for families, children, youth, and adults. On Saturday activities will begin at 1 p.m. and include games, face-painting, apple bobbing, and making of straw filled harvest people. We will also have pumpkin painting, a Science Table with hands on experiments, food, and music. The afternoon will finish with a Trunk or Treat for children ages 0 – 10 years, from 4:30 till 5:30. The Donation Craft Table will be displayed for the full two days. Sunday, after 10:30 service, we will hold the Annual Larry Bain Chili Cook-Off, a cake walk, face-painting and apple bobbing, with the final awards for artists and crafts persons represented by the work on the Donation Craft Table.

Our next meeting is April 21, 2009 at 7 pm at church.

Remembering Those in Prayer



An important ministry at Christ Lutheran Church is remembering people in prayer. But so often the person and the name of the one who submitted the person get lost in the months that pass. Though God is not bound by our naming and remembering, it is important that the Church be a good steward of each person's name. Because we want to be intentional about our congregation's prayer life, we offer the following:

- The bulletin now carries the names of persons who have been recently submitted.
- The newsletter contains our homebound members, those family and friends serving our country, and friends and relatives in need of long term prayers.
- And, you may place names of anyone under the stone on the altar at any time. These will be left there for about 1 month.

Please remember: you need to continue to be an intentional steward of the person's name you submit. Keep pastor and the church office "in the loop" as conditions change; make sure we all can celebrate the "prayers answered" by taking that person's name off the prayer lists.

Our Homebound:

Cliff Anthony, Eva Brenmark, Bessie Grogg, Virginia Harris, Audrey Hartsoe, Katherine Magann, Carroll and Janice Schroeder, Margie Werner

Family & Friends Serving Our Country:

Josh Mullins

Members, Friends & Relatives in Need of Long Term Prayers:

Audrey Light, Jean Deihls, Vivian and Dale Hupp, Craig Prekup, Jane Pickels, Nate Metheny, Ellie Bradley, Sara Hines, Dee S., Kristy Sutton, Al Driggers, Donna Coffman, Angie Smith, Betty Charette, Wayne Hatchel, DC Cheatham, Charlotte Eller, Jennifer Chun, Jon Jones, Michael Stinson, Megan Leuty, Cara Steele, Bob West, Brian Litten, Serena Lambert, Nick Franca, Nicholas Charlesbois, Jack Brown, Kai Davis, Eli Horn, Taylor Love, Drew Kryszinski, Krysten Collins, Chloe Shiver, Kieran Hathaway.

JOIN US FOR HOLY WEEK AND EASTER



April 5 *PASSION/PALM SUNDAY*

At Christ Lutheran Church

8:15 & 10:30 AM -Holy Communion

9:25 AM - Sunday School for All Ages

3 PM Concert: "Requiem" by Faurè

At Lakeside United Methodist Church

2333 Hilliard Road

A Joint Choir, Principal Soloists

& Members of the Richmond Symphony

(A LARCUM Event)



April 10 *GOOD FRIDAY*

2 PM - Good Friday Service

At Our Lady of Lourdes Catholic

Church 8200 Woodman Road

(Sponsored by our community churches.)

7 PM - Good Friday Service

At Lakeside United Methodist Church

2333 Hilliard Road

(Sponsored by Christ Lutheran, Epiphany Episcopal and Lakeside UMC.)



April 9 *MAUNDY THURSDAY*

All At Christ Lutheran Church

11 AM - Baked Potato & All the Fixings

Everyone is welcome

Noon - Holy Communion

7 PM - Holy Communion



April 11 *HOLY SATURDAY*

At Christ Lutheran Church

10 AM; Easter Egg Hunt

Activities for children of all ages

Invite your friends & relatives

Bring your Easter Baskets



April 12 *EASTER DAY*

At Christ Lutheran Church

8:15 AM, Service of Holy Communion

9:30 AM - 10:15 AM, Easter Breakfast Provided

10:30 AM, Service of Holy Communion

(No Sunday School)

Come to Play, Come to Serve

This summer at Caroline Furnace our theme is Love to serve based on Mark 10:45
For the Son of Man came not to be served but to serve, and to give his life as ransom for many.



The theme is used as a basis for each week of camp. Our worship, Bible studies and many of our games, crafts and songs are chosen to reflect the theme and to help learn more about service. The curriculum we use is created specifically for outdoor ministry. Daily themes include *Freed to Serve, Created to Serve, Called to Serve, Saved to Serve, and Sent to Serve*. Bible Studies are designed for each age group and include active involvement with the texts through skits, crafts, discussions games and songs.

Join us this summer and spend a week outside in the midst of God's glorious creation. We offer camps for ages 6-17 and Summer Celebration (June 21-26) is open up to 18 to include those who have just graduated. Summer Celebration is specifically a servant camp that travels to southwest Virginia and works with an agency helping those with house projects that need tending.

For more information:
www.CarolineFurnace.org
540-933-6266



Family Camp: Vacation Package

July 5-10, 2009

\$175pp, \$700 max, 4 and under free
(food, housing, & activities all included!)

Join us for a week at Caroline Furnace Lutheran Camp in the beautiful Shenandoah Valley of Virginia and relax.

Articles for the newsletter should be submitted to Carol Jones by the 15th of each month.

You may either leave an item in the newsletter box or e-mail it as a Word attachment to cjones48@clearwire.net

Coffee and hot tea are available in the kitchen each Sunday morning.

Drop by for a cup before going into your Sunday school class.

We can still use more folks to help clean the coffee pot after church, but a huge **thank you** to all those who have been helping clean the cups!



EASTER FLOWERS

If you can give a beautiful spring flower to decorate the altar area for the Easter Service, please fill out form & return it to church office or place in offering plate at any service. **ORDER DEADLINE: April 6.**

PLEASE ATTACH A CHECK W/ APPROPRIATE AMOUNT.

The following are available: (NOTE: There will be a wide variety of colors in the flowers; but we are not able to accept color preferences, due to our supplier.)

Lilies.\$12.50 ____ Hydrangea.\$30.00 ____

Azalea \$30.00 ____ Hibiscus.\$20.00 ____

PLEASE indicate whether or not you will pick up your plants following the service on Easter. Flowers may also be picked up on Monday, April 13, between 1 & 3 PM. Those not picked up by 3 PM on April 13, will be delivered to home-bound members.

Please PRINT the following information:

TO THE GLORY OF GOD
IN MEMORY OF _____

TO THE GLORY OF GOD
IN HONOR OF _____

(your name)

_____ \$ _____
(phone) (enclosed)

I will pick my flower up. ____

Take my flower to a shut-in. ____

Ukrop's Golden Gift Program

Thank you to everyone who filled their baskets at Ukrop's last month. The Golden Gift Program ended on March 28th. Households that used their Valued Customer Card when shopping will be receiving a certificate in the mail in May. Certificates can then be brought to church. Please place them in the collection plate, Katy's box or give them to Brenda Barnes. Thanks again to everyone who participated and please be sure to check your mail next month!

Ukrop's	
Milk	2.50
Eggs	3.25
Muffins	4.50
Lettuce	1.50
Total	11.75
Thank you for shopping!	

Youth News

ELCA Hunger Rumbings at Christ the King was a time for the youth from our church and area Lutheran churches to experience hunger for about 30 hours to raise money ELCA Hunger Relief. CLC had 11 people attend. We raised \$135 and participated in various service projects on Saturday morning. It is always good to experience this short lived hunger experience to relate what others around the world may be experiencing and no doubt for longer periods of time. Some of these people live right here in Richmond. Susan Nepomuceno and I worked on this service project with 12 youth. The cold and hunger was nothing compared to what the people that we serve sandwiches to had to endure. We were told about the two people that had frozen to death the past winter under the Wise bridge. I felt blest for all I have in my life. On a happier note, the first CLC Variety Talent Show was huge success. I and many other people were unaware of the many talents of our congregation. It is way too large a number to mention here. If you miss it, I am sorry to say you miss one great show. The show made about \$600 for the youth and chaperones to use toward the cost of the hotel rooms we will be staying in at New Orleans for the ELCA Lutheran Youth Gathering in July. I would like to thank everyone who helped and everyone who attended. I think it is unanimous for this to be an annual event!

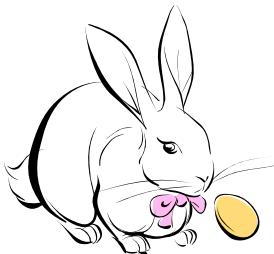
We are happy as a youth group to welcome Kristen Hunsinger as our Associate Pastor!

Check emails and bulletins for upcoming CLC Youth events. It is not too late to join in.

Please mark your calendars now for *Discovery Canyon* Vacation Bible School which will be held Sunday, July 12th through Thursday, July 16th. If you are interested in volunteering, we are looking for volunteers in help lead the adventure in exploring the wonders of the world. Registration and volunteer forms with more information are in the Commons. If you have any questions, please contact Rebecca Barricklow at 360-8190 or email at Rebecca.barricklow@cbre.com.

Littlest Lutherans will have our April program in the Fellowship Hall on Friday, April 3rd at 6:00 p.m. Amy Small will be in charge of the program. If you are interested in coming, please call or email Rebecca Barricklow at 360-8190 or Rebecca.barricklow@cbre.com. Upcoming events to put on your calendar: May 1st (at church), and June 6th (at the Barricklow's house for annual cookout). Littlest

Lutheran is a program for families of children age 0 to 6 years old. If you would like more information about the Littlest Lutherans, please contact Rebecca Barricklow at 360-8190 or email at Rebecca.barricklow@cbre.com.



Our next Cool Christians event will be held the third weekend of April. If you are interested in heading up this month's program, please contact Rebecca Barricklow at 360-8190 or email at Rebecca.barricklow@cbre.com.

Visitation Ministry Opportunities for the New Year

A woman was walking along a beach filled with starfish. As she walked, she would stoop down, pick one up at random, and throw it back into the ocean. A man came upon her and asked her why she was bothering with throwing some back when there were so many---how could it possibly make a difference? She picked up another starfish, threw it back into the ocean and said, "It made a difference to that one."

If you are looking for a way to "throw back a starfish" and make a "difference to that one," I hope you will consider joining our Visitation Ministry. The goal of this ministry is to pair a dedicated visitor with a member who is homebound. This does not replace visits by Pastor, but is another means of bringing our church to our homebound. Each visitor agrees to attend 5 small group "orientation" sessions, visit their homebound friend once every 4-6 weeks and stay in touch between times with calls or cards. There are personal blessings and benefits in these relationships for both parties. The small group sessions will examine

why we need such a ministry and how we'll be organized
looking at our attitudes and alleviating fears about visiting
incorporating worship and/or prayer into our visits

After completing the sessions, the group will agree to meet at intervals for fellowship and to celebrate successes and discuss concerns. If we have enough interest, we'll decide on convenient dates and times for our small group sessions.

Maybe visiting is not for you, but if you have AV skills or interests, you could still be a big help to this ministry! Volunteers are needed to record our worship services and copy them onto DVDs for the homebound. The DVD recorder and diskettes are at church and we even have someone who will show you how to do it! You won't be committing to recording every Sunday. Your help is needed when you are available.

Contact Cathy Lantz, Parish Nurse, at 746-4743 or at cathy.lantz@comcast.net if you are interested in this ministry.



Watch the bulletin for the opportunity to support our youth and adults who will be attending the National Youth Gathering in New Orleans in July of this year. This event will be heavily service-oriented, designed to emphasize for those attending the connection between faith in Jesus Christ and the practice of serving. The needs of the immediate area, still ravaged by the effects of Hurricane Katrina, will allow the 36,000 youth and adults to be involved in some form of service every day!