

Looking Inside

Page 2
April Birthdays
Easter Saturday Activities
Easter Sunday Service

Page 3
From the Parish Nurse

Page 4
Letter from Pastor Eric

Page 5
Youth News

Page 6
United Lutheran Appeal
Trinity Gathering
Sunday School

Page 7
Music Notes
Newsletter Updates

Page 8
Settling In with Two Pastors

Page 9
Remembering Those in Prayer



HOLY WEEK

March 28: *PASSION/PALM SUNDAY*

- At Christ Lutheran Church
- Holy Communion: 8:15 AM & 10:30 AM
- Sunday School: 9:25 AM

You are invited to a very special event on this day at 4:00 pm at Christ Lutheran Church. It is titled "Light in Deepest Night," and is a one-hour Lenten meditative service based on the writings of St. Julian of Norwich, with congregational hymns, readings and scripture, and choral offerings presented by the chancel choirs of Christ Lutheran and Lakeside United Methodist. All offerings will be given to The Lamb's Basket.

April 1: *MAUNDY THURSDAY*

Noon - Holy Communion and Individual Absolution

- At Christ Lutheran Church

7 PM - Holy Communion, Individual Absolution & Stripping of the Altar

- At Christ Lutheran Church

April 2: *GOOD FRIDAY*

2 PM - Good Friday Service

- At Our Lady of Lourdes Catholic Church,

(Sponsored by Christ, Epiphany, Lakeside UMC, Lourdes.)

6 PM - Littlest Lutherans

- Meal & Good Friday Activity

7 PM - Good Friday Tenebrae Service

- At Christ Lutheran Church

- Nursery Available.

(Sponsored by Christ, Epiphany and Lakeside UMC.)

April 3: **HOLY SATURDAY**

10 AM; Easter Egg Hunt at Christ Lutheran Church

- Activities for children of all ages
- Invite your friends, neighbors & relatives!



APRIL 4: EASTER DAY

8:15 AM - **Festival Service** including Dressing of the Altar

9:30 - 10:20 AM - **Easter Breakfast** (Please sign up at the Welcome Table if you plan to bring a casserole, bread/pastry, fruit.) All are welcome for this celebration of Christ's resurrection with good food and fellowship. Invite your friends and neighbors.

10:30 AM - **Festival Service** including Dressing of the Altar

(The Chancel Choir will sing at both services.)

APRIL BIRTHDAYS

1	Ernest Boldin	21	Lizzie Franz
	Rachel Triplett		Jack Carlsen
	Mary Tomillon	22	Ryan Kelley
2	Naomi Faust		Melony Bosdell
	Jayne Bowling		Brandon Kuebler
3	Megan Peterman	23	Sheryl Barlow
6	Emma Howes		Adam Goodwin, Jr.
	Ralph Prognor	24	Jim Turner
	Martin Richard		Greg Faust
7	Hillary Hockman	25	Melissa Ramsey
	Charles Johnson	26	Mildred Orebaugh
	Dewey Reynolds		Christopher Eads
9	Corey Lawrence		Mark Callas
10	Liz Baisden	27	Barry Kintzer
	Nathan Solada		John Tomillon
12	Tad Smith		Ashley Wilson
15	Jeff Flynn	28	C. J. Pegram
	Eric Tomillon		Dink Smith
16	Erik Kellogg	30	Nicole Kemp
	Sean Kellogg		
	Diane Kaplan		
17	Mason Carbaugh		
	Brooke Matson		
18	Luke Ramsey		
19	Brooks Jung		
20	Adam Goodwin		
	Karen Mahovtas		
	Jessica Mahovtas		

IF YOUR BIRTHDAY doesn't appear on the monthly list for the *Parish News*, it's because we don't have a record of it! If yours is missing, give us a call (266-5775) or email Katy At bearskaty@aol.com so we can include you in the newsletter.



From the Parish Nurse....About Allergies

“The churning inside me never stops; days of suffering confront me.” Job 30:27 NIV

“I am in pain and distress; may your salvation, O God, protect me.” Psalm 69:29 NIV

Allergies are unusual, irritating, and potentially dangerous reactions of the immune system to a normally harmless substance. These reactions occur in about one out of every three people and if you suffer with seasonal allergies, you know that springtime in Richmond can be challenging!

There are three categories of allergic reactions. Mild reactions are localized and include a rash, watery or itchy eyes, and congestion. Moderate reactions can spread beyond the original site of irritation and cause severe itching and difficulty breathing. The worst reaction, anaphylaxis, affects the whole body and is rare but life-threatening. Within minutes severe swelling will make breathing and swallowing difficult. Persons severely allergic to bees, shellfish, or peanuts should carry a dose of epinephrine to quickly reverse this reaction.

Finding the source of the allergy is like solving a mystery. Be observant to symptoms and the activities leading up to them. Triggers can be environmental (pollen, poison ivy, pollution), chemical (perfume, smoke, cleaning materials, latex rubber, medications), or foods (shellfish, peanuts, wheat, milk, soy, strawberries, eggs). Consider possibilities in your surroundings like animals, mold, bee stings, or dust. Keep a diary; note what foods were eaten, animals or plants that were near or touched, or any activity that might have triggered a reaction.

*“The wind blows south, and then turns north. Around and around it goes, blowing in circles.”
Ecclesiastes 1:6*

If you have seasonal allergies, note that your symptoms will be worse during times of high winds when offending pollens are spread about. Late mornings or early afternoons have higher pollen counts. Remember that different types of pollen (tree, grass, ragweed, flowers, etc.) are prevalent at different times of the year. For these reasons it is important to know what specific allergens trigger your symptoms.

Allergies can't be cured but once diagnosed, treatment can begin and symptoms relieved. Over the counter medications can often help manage the symptoms of allergies. Remember that physicians may order blood and skin tests to determine the allergen so that treatment can be specifically tailored for you.

If I can be of help to you about allergies or any other concern, let me know.

--- Cathy

Excerpted from Seasons of Wholeness Monthly Themes & Programming For Faith Community Ministry, Volume VI, IPNRC, 2009.

Dear Christ's People,

I caught a real fine visual the other day about how people are coming to church now: they "enter by the side door." Think about it, in times past most people came to church by the "front door" to worship. Once in the door they would become prospects and hopefully members.

But today for many reasons, people would rather connect with church again (or for the first time) by some other way than coming to worship. Maybe it's a neighbor inviting them to join a Bible Study; or they come to a Fall Festival or bring their kids to Bible School. Maybe they see the sign for the Lakeside Networking and Support group and are unemployed so they come one Friday morning. These are the "side doors."

When I was a kid visiting the farm I loved going into the barn, but not by the large front doors. They led you straight to where they did the milking. That was fine, but milking was done twice a day and the place was empty the rest of the time. The side doors led me into the most wonderful places all the time: the pen filled with mud and piglets nudging close to mom; the tool room where grandpa or an uncle made repairs and we were allowed to make all manner of sling shots; the door that led up to the hayloft where we cousins made forts and threw corn at each other; the pen that held the young calves always ready to be fed and petted. I think you get the idea.

Yes, Lutheran worship is a grand place to be. But let's be honest, worship happens only 2 or 3 hours a week and can be very difficult for a "seeker" to navigate. And sometimes a person gets stuck there and never really goes to the other areas of church life. But by coming through the side doors to VBS, Fall Festival, support group, Trinity Gathering or (well, you get the idea), the person will really get to know how much God loves them as they are welcomed and engaged by our members in less formal settings.

So, why not ask a friend and neighbor to come to Christ Church through a "side door," and then another one and another one. Let them see Jesus through these doors; I assure you, they will come to worship to thank God for the places entered by those side doors.

In Nomine Jesu,

Pastor Eric

BAPTISM

"Through Baptism God has made this new brother and sister members of the priesthood we all share in Christ Jesus..."

February 14 **Jack Carroll Carlsen**
March 7 **Cathryne Mae Novak**

"We welcome you into the Lord's Family. We receive you as a fellow members of the body of Christ and workers with us in the Kingdom of God."

On March 7, we received the following new member: Susan Merkle by Affirmation of Baptism.

CLC Youth Group News

Sunday, April 11, 2010

CLC Youth will meet from noon (following 10:30 service) until 2:00pm in the fellowship hall for a potluck lunch, activities, devotion, and packing health kits for LWR. Drinks and desert will be provided. We will also do a little planning for youth Sunday, which has been rescheduled due the snow this winter. Please let Pastor Kristin know if you are coming by Friday, April 9 and what you are bringing to make sure there are more options than pasta salad

Sunday, May 9 – Youth Sunday

If you are interested in helping in any way, please talk to Pastor Kristin. We will be using some of what we prepared for earlier in the year before the snow, but as this is a different season, we cannot reuse everything. Also, we'll need volunteers!

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### **RALY News**

Friday, April 16 at 7:00 – Saturday, April 17 at 11:00am

Lock-in for Grades 5-8 at Christ Lutheran Church

This is an opportunity for our younger youth to get connected to youth from around the Richmond area. There will be games, Bible studies, worship, fellowship, and hopefully some sleep! Please eat before you come on Friday, snacks Friday evening and breakfast on Saturday are included. Please RSVP to Pastor Kristin by April 11. We are also looking for adult volunteers, so please let Pastor Kristin know if you're able to help.

Looking ahead – Saturday, July 24 will be the first ever RALY water day. More details will be available in May.

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Wednesday Village Nights April 14 – May 12

Dinner is served at 5:45 and senior high youth meet from 6:30 – 7:30 for Bible study and to plan worship. Worship is from 7:35-7:50. (There are also confirmation classes and adult classes.)

Even if you've never come before, everyone is welcome.

If you need a ride, please contact Pastor Kristin.



The Collegiate School choir will be with us again this year, on April 28. Don't miss it!

OUR PRAYERS OF SYMPATHY are for the family of Tyler Moyer on his death on January 22; for Sarah Vaughan on the death of her mother-in-law on January 28; and for Linda Mahovtas on the death of her father on March 11.

TRINITY GATHERING will have its monthly meeting on April 8 at 10:30 AM at **Imperial Plaza, “The Virginia Room”** (ask at gate for directions). Pastor Moehring will teach the Bible study, starting at 11 AM. All congregation members are cordially invited to join us. Lunch following the Bible Study is optional. Please call the church office (266-5775) if you plan to attend.

OUR CONGREGATIONAL LENTEN OFFERING will be for the **United Lutheran Appeal**. This is an opportunity to support specifically those institutions of the Virginia Synod that serve as our hands to so many people in our state:

Caroline Furnace Lutheran Camp
Hungry Mother Retreat Center
Chaplain Service of the Churches of VA
Lutheran Council of Tidewater Lutheran
Lutheran Family Services of VA
National Lutheran Home
Virginia Lutheran Homes
Roanoke College Lutheran
Theological Southern Seminary

(If each family gave \$1 per ministry that would be about \$1,000.)

Place your contribution to the Virginia Synod United Lutheran Appeal in the offering plate or send it to the church office by April 11. Envelopes are available at church on the Welcome Table. If you use your own envelope, clearly mark on the envelope and the check memo line *"For United Lutheran Appeal."* Checks are made out to *"Christ Lutheran Church."*

Sunday School

Please remember that Sunday school classes are offered for ages 2 and up from 9:25-10:20 every Sunday. Everyone is welcome, members and guests, whether you come every week, come once in a while, or have never come before. Here is a breakdown of the classes, topics, locations, and teachers for after Easter.

- SPARK – a Bible study on one of the lessons from Sunday worship
- Ages 2-3, Ms. Heather Riddell, classroom marked in Christian Ed wing
- PreK-K, Ms. Rebecca Yensen & Ms. Amy Small, classroom marked in Christian Ed wing
- Grades 1-3, Ms. Cheryl Matson & Ms. Cynthia St. John, classroom marked in Christian Ed wing
- Grades 4-6, Ms. Jennifer John, classroom marked in Christian Ed wing
- Grades 7-8: Studies in the Old Testament - Ms. Megan Peterman, classroom marked downstairs
- High School: People & Events in Genesis - Pastor Kristin Hunsinger, classroom marked downstairs
- Adults: Bible Study on Hebrews – Pastor Eric Moehring, library



Hymn of the Month: April
383 “Christ Is Risen! Shout Hosanna!”

Tune name: *Turnbull*
Text: Brian Wren, b. 1936
Music: Thomas Pavlechko, b. 1962

Here is a new Easter hymn with a bright and uplifting tune I know you’ll enjoy singing.

Brian Wren is known for his spiritually poignant writing. He is a minister of the United Reformed Church of Great Britain, and has written over 200 hymn texts. His hymns are found in hymnals throughout the English-speaking world.

Thomas Pavlechko composed portions of Setting One of the liturgy, which we are now using, and some of the Psalm antiphons we have used in the past.

NEWSLETTER UPDATE

It is our hope that this newsletter is an important way for you to get notice of upcoming events at Christ Church and receive some good “article” inspiration and information. It is also our desire to make that information and inspiration as timely and as cheaply available to you as possible. Here are our current goals for the newsletter:

- 1) To offer you the best communication tool possible.
- 2) To cut down on paper, printing & mailing costs.
- 3) To be more green friendly.
- 4) To get the information to you in the most timely way possible in light of the great uncertainty of current mail delivery practices.

So it is our hope to greatly expand the number of newsletters that go to email addresses. Please help us by giving us your email address. Call or send your address to the church office or write your email address on the sheet at the Welcome Table or on an appropriate bulletin announcement.

To further fulfill the four goals, we are planning the following:

- ◆ Maintain the traditional newsletter for those who wish to still receive it by mail. The number will be reduced from 10 to about 6 per year, but would still have all the necessary event announcements and articles you have come to expect. It would not include the calendars.
- ◆ Have a monthly email newsletter (received by some of you already). (It is also posted on our website.) To this we hope to add a monthly schedule of Sunday morning participants.

Always we see Christ Church’s newsletter as a work in progress. So we welcome your suggestions. And we ask that you be diligent in submitting your events and articles by the date requested and more than consider receiving your newsletter by email.

Carol Jones, Editor
Pastor Moehring

SETTLING IN WITH TWO PASTORS

Now that we have experienced for a year now what it is like to have two full-time pastors, we are settling into a routine. Here are three areas of that routine:

Days off:

Pastor Kristin and I looked at every day of the week for a day off for each of us: Sunday? Dah! Monday? Too much “starting the week,” necessary face-to-face conversations, and council. Wednesday? Village Nights. Tuesday or Thursday? The week is in full force and flow. Saturday? Getting ready for Sunday & often other church activities. Friday seemed the least disruptive to the flow of life at Christ Church.

What about coverage for emergencies? Actually now it is easier for me than when I covered every weekend by myself. One of us takes a Friday-Sunday segment, the other take the next one, and so on. So continue to call the church office...we closely monitor the phone messages.

Vacations:

Pastors need vacation time because in reality we are on 24/7 even with days off. So call committees offer 4 weeks; and when a pastor begins in the middle of the year, the time is prorated.

What about being gone at the same time? We try to work it so that won't happen very often. When it does, I make sure that someone is always available, usually Cathy Lantz or Pastors Bill Boldin, John Byerly or Beverly Aurand. So again, continue to call the church office...your needs will always be met.

Church Office Hours:

The Church Office remains open as usual from 9 am to 5 pm, Monday through Friday. The office is closed only when our Administrative Assistant, Katy Vess, is not there. And many times when she is off, one of the pastors is in the office.

- Pastor Moehring

Ernest Boldin and his family wish to extend their thanks to Pastors Eric and Kristin for their visits, prayers and support during Ernest's recently hospitalization, surgery and recovery. Thanks also to all who visited him, sent cards and lifted him up in prayer. The church's love and support kept us all in hope and strength.

Most sincerely,
Ernest, Bill, Brenda and Alexander Boldin,
Martha and Rick Houchins, Mary Katherine Thornhill,
Becky and Marty Williams.



Remembering Those in Need of Prayer

An important ministry at Christ Lutheran Church is remembering people in prayer. But so often the person and the name of the one who submitted the person get lost in the months that pass. Though God is not bound by our naming and remembering, it is important that the Church be a good steward of each person's name. Because we want to be intentional about our congregation's prayer life, we offer the following:

The bulletin now carries the names of persons who have been recently submitted.

The newsletter contains our homebound members, those family and friends serving our country, and friends and relatives in need of long term prayers.

And, you may place names of anyone under the stone on the altar at any time. These will be left there for about 1 month.

Please remember: you need to continue to be an intentional steward of the person's name you submit. Keep pastor and the church office "in the loop" as conditions change; make sure we all can celebrate the "prayers answered" by taking that person's name off the prayer lists.

Our Homebound:

Eva Brenmark, Bessie Grogg, Virginia Harris, Audrey Hartsoe, Katherine Magann, Carroll and Janice Schroeder, Margie Werner

Family & Friends Serving Our Country:

Michael & Heather Brenmark, Todd Burns, Pamela Charlson, Josh Mullins, Jeremiah Mullins, Michael Rose

Members, Friends & Relatives in Need of Long Term Prayers:

Spencer Carlsen, Vivian and Dale Hupp, Jane Pickels, Nate Metheny, Al Driggers, Donna Coffman, Alice and Bob Lucan, Angie Smith, Betty Charette, Wayne Hatchel, DC Cheatham, Charlotte Eller, Jennifer Chun, Jon Jones, Michael Stinson, Megan Leuty, Brian Litten, Serena Lambert, Nick Franca, Nicholas Charlesbois, Jack Brown, Kai Davis, Eli Horn, Taylor Love, Drew Kryszinski, Krysten Collins, Chloe Shiver, Kieran Hathaway.

CHRIST LUTHERAN CHURCH MISSION STATEMENT

Brothers and sister graced with the Cross of Jesus Christ
joyously drawn together by the Good News into a ministry of
seeking, sharing, caring and serving

The People of Christ Luther Church, Ministers

The Reverend Eric J. Moehring, Pastor
The Reverend Kristin Hunsinger, Associate Pastor
Linda Keener, Music Director
Cathy Lantz, Parish Nurse
Susan Nepomuceno, Discipleship Coordinator
Katy Vess, Administrative Assistant
Melony Bosdell, Youth Director
Heather Heckel, Web Master
Carol Jones, Newsletter Editor

Congregational Officers and Council Members

Jennifer John, President	Melony Bosdell
Rob Barricklow, Vice President	Frank Greenday
Paul Quel, Treasuer	Faith Hobson
Cindy Williamson, Financial	Joe Williamson
Danielle Bosdell	Luke Ramsey
Lori Faudale	Trenton Hizer
James Pickels	John Jung

Mission Team Captains

Seeking: Harry and Heather Heckel **Serving:** Jim Schnellenberger

Caring: Kay Rilee **Sharing:** Diane Kellogg

Sunday Schedule

Worship: 8:15 AM
Sunday School: 9:25 AM
Worship: 10:30 AM (Nursery available)

Church Address: 7809 Woodman Road,
Richmond, VA 23228
Church Phone: 804-266-5775 Fax: 266-4979
Church Web Page: christlutheran.org
Church Office Hours: Monday-Friday, 9 AM-5 PM
LAMB's Basket: Tues., Thurs. & Fri., 10 AM-1PM (565-8007)