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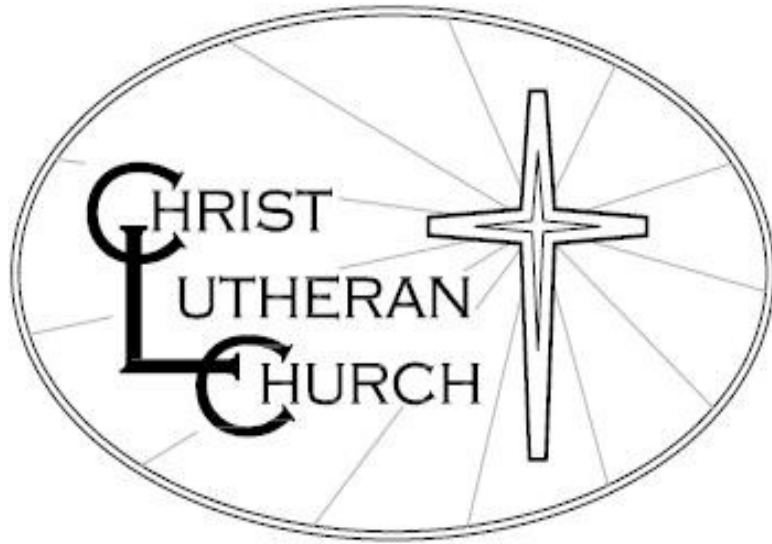
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Lakeside Networking and Support Group

If you are in between jobs, facing possible downsizing, changing careers or looking for that first job, come to the networking meeting to find resources to assist in the process. Meetings are from 8:00 am-9:30 am on November 13 & 20, December 4 & 18, 2009. For additional information contact Susan Nepomuceno.

Any one interested in purchasing apple butter contact Susan Nepomuceno. It makes great holiday gifts.

Lakeside Thanksgiving Service Set

This year's annual Lakeside Community Thanksgiving Service will be held on November 24 (Thanksgiving Eve), 7:00 pm at Hatcher Baptist Church, 2300 Dumbarton Road. Our own Pastor Kristin Hunsinger will be the preacher.

This service is sponsored by Christ Lutheran Church along with 8 other congregations in the Lakeside area. It is a community gathering to give thanks to God for the blessings God has offered to us and to pray for God's bounty upon those who are so much in need. This year, as our community, nation and world continue to be plagued with strife, illness and economic hardship, we especially want to gather as a community of faith to proclaim a gracious God, One who cares for all people and calls us to serve in Christ's name. Do make a point to attend. The offering will go to LAMB's Basket.

Fall Festival 2009

Wow, thanks to all who made our first fall festival a success. All who were came had a grand time, with lots of games, crafts, pony classes and races, and really cool science shows. Thanks to Randolph Macon and Virginia Cooperative Extension for the science shows.

Thanks to all the talented artists from CLC who shared their gifts to make the show a great success.

Plans are in the works for next year's festival so all who want to join the planning committee contact Susan Nepomuceno.

Chili Cook Off

CLC annual chili cook off once again showcased the many gourmet cooks here. There were many varieties of chili, and soup for all to taste.

Thanks to all the Little Lutheran and Cool Christian families who provided kid friendly foods. What a wonderful way to spend the afternoon, food, fellowship and fun.

Village Nights continue to provide opportunities to meet members, share in the evening meal, families to hear Bible stories, adult study groups, choirs, and worship. So see you on Wednesday Nights at 5:45 pm for dinner

Freeman is coming....

The choir of Douglas S. Freeman High School will be with us for 10:30 worship on Sunday, Nov. 15. They will sing the prelude music and join our Chancel Choir on the offertory anthem. Remember to come a few minutes early!

TRINITY GATHERING

will have its monthly meeting on November 12 at 10:30 AM at **Imperial Plaza, "The Virginia Room"** (ask at gate for directions). The Bible study, will begin at 11 AM. All congregation members are cordially invited to join us. Lunch following the Bible Study is optional. Please call the church office (266-5775) if you plan to attend.

LAMB's Basket

Volunteers are needed to help at the LAMB's Basket.

Any time you give, a few hours, a day or two, Monday – Saturday is greatly appreciated. Can you help?



LAMB's Basket needs food each week. All Clients receive Rice, Canned Vegetable, Fruit, Macaroni & Cheese, Pasta & Spaghetti Sauce.

Also needed are: Soups & Diapers (next step up from infant).

Please add one or two of these items to your grocery list.

November Birthdays

1	Artie Hoffman	18	Linda Miller
2	Glen Kellogg	19	Kenneth Shumaker
3	Betty Schnellenberger		
	Phyllis Senechal	21	Jan Foltz
4	Brian Pilgrim		Jennifer Walther
	Jim Schnellenberger	22	Bill Franz
6	Christian Moehring		Jessica Gyllenhoff
	Ernie Foltz		Joe Feaser
7	Margaret Hudgins		Forrest Feaser
	Judson Hendricks		Amanda Wilson
	Pam Kintzer	23	Dale Hupp
8	Carolyn Conover		Pauline Glendenning
9	Josh Mullins		Khoeun Tep
10	Whitney Pickels	24	Ruby Pugh
13	Alicia Rydel		Jay Lantz
	Mary Alice Wiles	26	Dave Vess
	Miles Goodwin		Helen Gillespie
14	Kevin Mahovtas	27	Victoria Havard
15	Betty Shumaker		Diane Bentz
	Levi Butler	28	Amber Kaplan
17	Ferrell Newman		Spencer Carlsen
	Keith Teeter	29	Zachary Solada
	Olivia Yensen	30	Ed Wiles
			Danielle Bosdell

IF YOUR BIRTHDAY

doesn't appear on the monthly list for the *Parish News*, it's because we don't have a record of it! If yours is missing, give us a call (266-5775) or email Katy at bearskaty@aol.com so we can include you in the newsletter.



New Member Classes Arrive!

New Member Classes will be held November 8, 15, 22 and December 6 during the Sunday School hour (9:30 - 10:15 am) in the Central Classroom in the Educational Wing. Pastor Hunsinger, Pastor Moehring and Susan Nepomuceno will teach the class.

This is a class open to all members and especially those persons who either are new to attending Christ Church and/or desire to join the congregation. The topics are as follows:

Nov. 8: "What Do We Mean by Grace and Sacrament?"

Nov. 15: "Holding On To the Faith: Bible, Creed and Prayer"

Nov. 22: "Worship: Why Do We Do What We Do?"

Dec. 6: "Living Out the Christ-Filled Life"

Each topic is of great importance when discovering and journeying in the "Lutheran Way" of the Christian faith, so it is anticipated that the students will attend as many of the sessions as possible.

New members will be received on December 6 at either service. If you desire to be a member of Christ Church, please call the church office (266-5775) or talk to Pastor Moehring by November

Thanksgiving will be here before we know it!

We are continuing our congregation's tradition of gifting those in need with a meal but we will do things a little differently this year. We are asking everyone to donate a food item. Monetary donations are always nice but by simply bringing in a food item we can keep cost down, put the dinners together ourselves, and hopefully reach out to more households. These items will be brought to church and placed in baskets in the commons area.

What fun it will be to see these baskets get filled each week and just like last year our Sunday School classes will be making their wonderful Thanksgiving cards to be included in each dinner.

Everyone can be apart of this ministry! Our Thanksgiving menu is below; please donate the item that is followed by the first letter of your last name.

(Example: John Smith will bring gravy)

Box of stuffing mix	A-B-C-D
Can of green beans	E-F-G-H
Can of cranberry sauce	I-J-K-L
Can of sweet potatoes	M-N-O-P
Can or jar of turkey gravy	Q-R-S
Box of instant mashed potatoes	T-U-V
Box of bread mix-your choice (corn bread, rolls, biscuit)	W-X-Y-Z

This Thanksgiving as we thank God for our many blessings let's remember those who are less fortunate. During these difficult economic times this could include a family member, a co-worker, neighbor, or your friend in the next pew.

If you know of anyone in need of assistance please give their name to the church office, as always this will be handled discretely.

If you have questions please contact Brenda Barnes (270-6671 or jb4me@aol.com)

Congratulations to Carolyn Conover and Graham Smith who were married at Derbyshire Baptist Church on October 17, 2009.

Carolyn is Joanne Tripp's daughter.

Thank you so very much to the many people in our congregation who prayed, sent cards, called, fixed meals, drove me to doctor and rehab appointments and did so much more when I broke my arm and after the surgery that followed. Thanks to Pastor Eric for bringing communion to us. Special thanks to the Melin family for the wonderful meals Roxanne prepared and that the family brought to us, as well as the meals she coordinated. Jim is especially grateful for that. What a wonderful family we have at Christ Lutheran!

Tinky Keen

Dear People of Christ,

About 45 people attended the 2 forums at church set up in October to discuss the ELCA assembly's voting concerning sexuality. I don't think many, if any, changed their minds either way; that was not the intent of the forums. I believe there was good conversation and information.

Recently my Mom told me she is listening to a book on Martin Luther. She said it was wonderful how the author discussed Luther's work and thought, especially how he tried for conversation and resolution when dealing with the church hierarchy and all those persons and issues that arose in the discussion of clarifying and lifting up the Good News of cross and resurrection. It reminded me of a recent letter to *The Lutheran*:

Lest we forget, one's view of homosexuality isn't a litmus test of faith. The Churchwide Assembly isn't mandating change but is honoring the "conscience-bound beliefs" of those who differ...If you are a person or congregation whose conscience-bound belief is that homosexuality is intrinsically sinful, your belief will be honored. You won't be forced to change that nor accept pastors in same-gendered relationships...The reverse is true for those who support the change...We have officially agreed to disagree and live in the same church family. That is counter-cultural.

Mom talked about Luther's desire not to divide the Church but reform it around the Word. He simply tried to be a good pastor and advocate to his people as he wanted his whole church to be, including the hierarchy.

Your pastors hold to the study of scripture and the use of tradition and reason to interpret God's Word and will for us in these times. And like Luther in his time, we are here to be your pastors and advocates. We are here to bear your burdens with you and share the Gospel.

Know that we ask the same of you: study scripture; acknowledge tradition; use reason; live and share the Good News; and remember to bear each other's burdens in a charitable, loving way.

In Nomine Jesu,

Pastor Eric

Cool Christians

It is hard to believe it is already Fall & we are planning for Christmas.

November's Event will be held on Saturday & Sunday, November 21st and 22nd. Once again, we are going to participate in the Ashland Olde Time Holiday Parade. I have submitted our paperwork. Laurie Wangenstein found an idea on the Internet. We will have the children on bales on hay again like last year but each child will be wrapped in a box or gift bag and our theme is "This Christmas give the gift of yourself". We will decorate the trailer with lots of red & green and a Christmas tree in the middle. Susan Tripp & Megan Peterman (the creative duo) have volunteered to help out. We are working on securing a warehouse building to work on the float that is closer to Ashland & so we will not be outside in the cold while we are decorating. More details to follow but please mark your calendars now.

For December, Megan Peterman had a wonderful idea of making care packages with Christmas cookies & the tang flavored Christmas drink. We are planning to have the children decorate the jars that the drink will go in & decorate the cookies. We can put them in baskets and deliver them to Chestnut Grove. We have decided to make 10 baskets for the pen pals. Even if you did not participate in the pen pal project, we will need your help. A date & time will be announced closer to December.

If you have any ideas for next year's activities, please let Rebecca Barricklow know. For more information, please contact Rebecca Barricklow at Rebecca.barricklow@cbre.com or 360-8190.



Sharing the Faith: Roots and Wings

November begins with All Saints' Day and comes to a close with Thanksgiving Day. This month's ideas and activities center around these two occasions.

Rituals and traditions:

Place a bowl of water in the middle of the dinner table. Let everyone mark themselves with the cross of Christ in remembrance of their baptism. Share ways that you can live out your baptism each day, remembering that because you are baptized into Jesus you are one of God's beloved saints!

Begin a tradition of watching a family movie over Thanksgiving. Each year watch the same movie. Or, play a game together as a family that the youngest child (if appropriate) gets to choose.

Worship and prayer:

Do an alphabet of praise by naming something you are thankful for that begins with each letter of the alphabet.

Learn the following table blessing together:

We thank you God for autumn days,
For turning leaves to gold and red.

We thank you God for this food,

Now by your hand, may we be fed. Amen.

November Youth Events

Saturday, November 7 - 4:00-8:00pm – RALY fall hayride

Sunday, November 15 - 12:00-3:00pm – Youth group lunch and gathering at the church, grades 6-12

Friday – Sunday, November 20-22 – Lost & Found – please keep 7th & 8th graders from around the synod in your prayers!

Looking further ahead:

December 6 – RALY Christmas Party at First English

December 6 – Winter Celebration forms due from high school

December 13 – Children's & Youth Christmas Program

RALY Fall Hayride

Date: November 7

Place: Ashland Berry Farm

Time: 4-8pm

RALY, or **Richmond Area Lutheran Youth**, is a combined youth group of all 7 ELCA congregations in the Richmond area. We will be having our first event of the year, a fall hayride and cook-out at Ashland Berry Farm on November 7. This is open to grades 7-12. There will be games, hayride, singing, food, and a whole lot of fun.

Please let Pastor Kristin know in advance if you are planning to attend to arrange food and travel.

More Ideas from Roots and Wings

Caring Conversation:

Look at photo albums of family and friends. Tell stories about those who have died and share how they showed the love of Jesus to others. Take note of those family members and friends who are still living and who live out their calling as God's children – as God's saints – in their daily life. Make thank-you cards for teachers, coaches, grandparents and other special people for the important role they play in your family's life.

2009 Youth & Children's Christmas Program

December 13, 2009

4:30pm with potluck dinner following the play

All are welcome and invited to attend and experience the Christmas narrative as our children and youth act out the Christmas story primarily from the Gospel of Matthew. Any children from age 3 – grade 12 are welcome to participate. We also need adults to help with the program and with the meal. Please let Pastor Kristin know if you would like to be involved!

Additions to our Prayer Garden

All for the common good! That's what often happens here at Christ Church. Something is begun and then added to...and then added again and again for the common good.

The Prayer Garden began as one Eagle Scout project and then another and another. Merritt Draney was the first to form the garden, develop a simple path and build the very sturdy bench; Derieck Melin built the fence and the cross to make it the focal point and added plants. Ryan Kelley brought it to its present form by developing a schematic, reshaping the pathway with stones, strengthening the focal point, and adding more plants. All the work was done to the glory of God.

Ernest Boldin then supplied the large engraved stone with the words, "Lambs of Your Own Flock" in memory of his wife, Ann. This was to recognize that it is also a resting place for the ashes of several members: Betty Bottoms, Ann Boldin, Bob Hobson and Nancy Carey. Anyone in our church has this same opportunity. A stone with the name, birth date, and date of death is then placed there.

Now another piece to strengthen the look of the Prayer Garden has been added. It is a fence that purposefully draws our attention to this important area of our property that has often gone unnoticed. It was placed there in memory of Nancy Carey by her family.

Soon another addition will be made to enhance the Garden. It is an arbor to draw our attention to the entrance. The hope is that with the fence and the arbor, you and others might walk in to read a book, eat a lunch or simply quietly enjoy this beautiful, restful place.

Thanks to all who have contributed to making this garden the special place that it is. This also includes the many Confirmation students who each spring and fall clear the leaves, and Diane Bentz and Carol Pilgrim who continue to serve as ministry leaders and designers of this garden and the several other green areas at our church.



Where did the October newsletter go?

For those of you that did not receive the October newsletter (by 'snailmail', it was produced as normal and mailed. Then it appears that it disappeared in "never-never land". We hope that this edition reaches everyone in a timely manner.

Some of the information from the October edition is repeated in this newsletter

Consider an Ecumenical Experience!

On December 4 and 5, 2009 (a Friday and Saturday), beginning at 6 pm, in Charlottesville, there will be a LARCUM (Lutheran/Anglican/Roman Catholic/United Methodist) Conference open to everyone. The title is “*Ecumenical Advance: From Convergence to Consensus... Whither Communion?*” This timely and provocative experience will be led by Sr. Dr. Lorelei F. Fuchs, a gifted speaker who can bring the message home in a clear and entertaining way. Conference cost (not including housing) is only \$35.

Prior to the conference, The Rev. Dr. Christopher M. Agnew will speak at convocation about the development of the Episcopal Church in Virginia. This will begin on Friday at Noon.

For more information and registration, pick up a form on the Welcome Table and/or see Pastor Moehring.

Hymn of the Month: November

593 “Drawn to the Light”

Tune name: *La Crosse*

Text and music: John Ylvisaker, b. 1937

John Ylvisaker has written many memorable hymns, including some of our favorites, like “Borning Cry” and “We Are Baptized in Christ Jesus.” A Lutheran through and through, he served as music director at Lutheran Church of the Reformation, St. Louis Park, MN, and worked in the communication division of the American Lutheran Church. He also composed much of the original music for Lutheran Vespers radio broadcasts. He has been the producer of SCAN, a weekly radio program sponsored by the ELCA.

This hymn is found in the Grace & Faith section of our hymnal. The text could also serve as a “lead-in” to our upcoming season of Advent. It speaks of “people who walk in darkness” seeking light, and we find that light in the Lamb of God, Jesus.



Want to sing for Christmas?

If you would like to sing with the Chancel Choir for Advent and Christmas, but cannot commit to the choir all year, now is your chance.

We invite you to come to rehearsals November 4-Christmas Eve, and thereby enhance both our Chancel Choir and your experience of the Advent-Christmas season.

Rehearsals are Wednesdays 7:30-9 p.m. in the Music Room downstairs. Let's “make a joyful noise” together!

*Linda Keener,
Music Director*

From the Parish Nurse....

November is National Diabetes Month. There are many things the "experts" tell us to do to *prevent type 2 diabetes*: choose healthy foods ... make healthy meals ... exercise 30 minutes a day. It's not easy to do all of this in today's fast-paced and fast-food world. And it can be even harder if you have a lot of changes you need to make. But making just a few small changes can make a big impact on your weight and health and *it's do-able if you make lifestyle changes one step at a time – over weeks, months and years.*

Think about a few things you are *ready, willing, and believe you are able to change.* Leave other habits that you don't feel ready, willing, and able to change for another time. For example, maybe you tend to eat a bowl of ice cream every night while you watch TV. Can you switch that ice cream to a healthier snack? Maybe fruit or a small bowl of cereal? Or just a smaller portion of ice cream.

To succeed, *break what you want to do down into small steps.* Don't try to do too much too quickly. Here are two examples of realistic goals.

1. Eating: The next time (*how long*) I go to a fast food restaurant (*how often*), I will order a regular size meal, rather than a super size meal (*realistic and specific.*)

Physical activity: For the next month (*how long*), four days each week (*how often*) I will take a 15 minute walk after lunch (*realistic and specific.*)

Set 1 to 3 goals at a time. Write them down and put them in a place where you will see them often -- on the refrigerator, your bathroom mirror, or in your purse or wallet.

Once the time you set is over, look at the goals you set. Did you succeed? Did you set your sights too high? Did something happen in your life to keep you from being successful? If you weren't successful, try again. Revise your goals or choose easier ones. If you were successful, give yourself a big pat on the back.

Making a change for two weeks or a month does not mean that it will stick for life; it *takes months* before changes become a way of life. *Goal by goal, over time you'll be eating healthier and being more active ... and you'll be on the road to preventing or delaying type 2 diabetes.*

Look for more information about diabetes around the church this month and let me know if you would like a diabetes – or any other class -- here at church.

--- Cathy

"The Lord that made heaven and earth bless thee."

Psalm 134:3 Excerpted from www.ada.com (American Diabetes Association). This is a great resource to check out!

Remembering Those in Need of Prayer

An important ministry at Christ Lutheran Church is remembering people in prayer. But so often the person and the name of the one who submitted the person get lost in the months that pass. Though God is not bound by our naming and remembering, it is important that the Church be a good steward of each person's name. Because we want to be intentional about our congregation's prayer life, we offer the following:

- The bulletin now carries the names of persons who have been recently submitted.
- The newsletter contains our homebound members, those family and friends serving our country, and friends and relatives in need of long term prayers.
- And, you may place names of anyone under the stone on the altar at any time. These will be left there for about 1 month.

Please remember: you need to continue to be an intentional steward of the person's name you submit. Keep pastor and the church office "in the loop" as conditions change; make sure we all can celebrate the "prayers answered" by taking that person's name off the prayer lists.

Our Homebound:

Eva Brenmark, Bessie Grogg, Virginia Harris, Audrey Hartsoe, Katherine Magann, Carroll and Janice Schroeder, Margie Werner

Family & Friends Serving Our Country:

Josh Mullins, Michael Rose, Jeremiah Mullins

Members, Friends & Relatives in Need of Long Term Prayers:

Spencer Carlsen, Vivian and Dale Hupp, Craig Prekup, Jane Pickels, Nate Metheny, Al Driggers, Donna Coffman, Alice and Bob Lucan, Angie Smith, Betty Charette, Wayne Hatchel, DC Cheatham, Charlotte Eller, Jennifer Chun, Jon Jones, Michael Stinson, Megan Leuty, Brian Litten, Serena Lambert, Nick Franca, Nicholas Charlesbois, Jack Brown, Kai Davis, Eli Horn, Taylor Love, Drew Kryszinski, Krysten Collins, Chloe Shiver, Kieran Hathaway.

CHRIST LUTHERAN CHURCH MISSION STATEMENT

Brothers and sister graced with the Cross of Jesus Christ
joyously drawn together by the Good News into a ministry of
seeking, sharing, caring and serving

The People of Christ Luther Church, Ministers

The Reverend Eric J. Moehring, Pastor
The Reverend Kristin Hunsinger, Associate Pastor
Linda Keener, Music Director
Cathy Lantz, Parish Nurse
Susan Nepomuceno, Discipleship Coordinator
Katy Vess, Administrative Assistant
Melony Bosdell, Youth Director
Heather Heckel, Web Master
Carol Jones, Newsletter Editor

Congregational Officers and Council Members for 2009

Karl Hade, President	Melony Bosdell
Rakup Richard, Vice President	Frank Greenday
Paul Quel, Treasuer	Faith Hobson
Cindy Williamson, Financial	Joe Williamson
Anne Harris, Secretary	Luke Ramsey
Ken Bjelstrand	Jennifer John
Patty Franz	
Danielle Bosdell and Beth Williamson , Youth	

Mission Team Captains

Seeking: Harry and Heather Heckel	Serving: Jim Schnellenberger
Caring: Kay Rilee	Sharing: Diane Kellogg

Sunday Schedule

Worship: 8:15 AM
Sunday School: 9:25 AM
Worship: 10:30 AM (Nursery available)

Church Address: 7809 Woodman Road,
Richmond, VA 23228
Church Phone: 804-266-5775 Fax: 266-4979
Church Web Page: christlutheran.org
Church Office Hours: Monday-Friday, 9 AM-5 PM
LAMB's Basket: Tues., Thurs. & Fri., 10 AM-1PM (565-8007)